If you can control your software with keyboard shortcuts you can add these in the voip software as a virtual keyboard mapper.
Pressing the connect button will then fire this keyboard shortcut which your voip software will pickup.
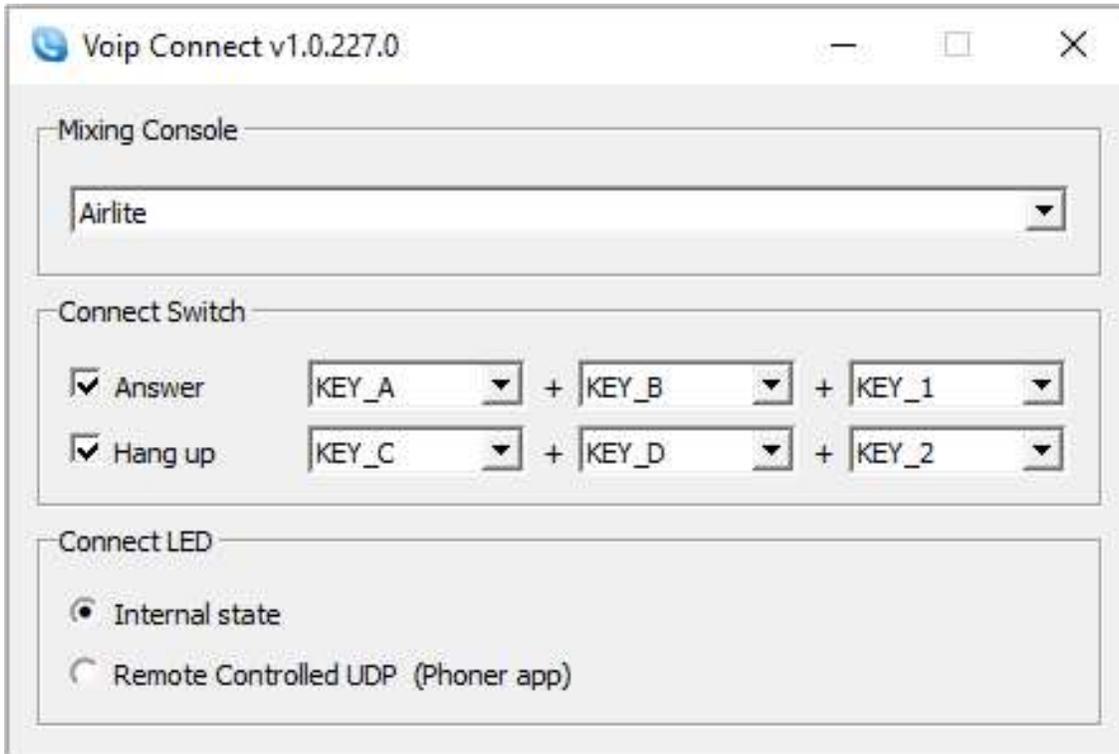
When "Internal state" is selected the LED in the connect button will toggle with each press.

To control the connect LED on the voip channel you'll have to select "Remote Controlled UDP (Phoner app)" can fire a command with your voip software.

"Voip Connect" -s incoming

"Voip Connect" -s connected

"Voip Connect" -s disconnected

or

c:\Program Files (x86)\D&R Voip Connect\Voip Connect.exe -s incoming

c:\Program Files (x86)\D&R Voip Connect\Voip Connect.exe -s connected

c:\Program Files (x86)\D&R Voip Connect\Voip Connect.exe -s disconnected

These instructions can be added in a batch file which can be started in a hidden situation.